



*Lord,  
teach us to  
Pray*

**A Prayer Manual for the Body of Christ**

Prepared by Doug Tweed

Friends of the King Ministries

112 Shelby Street • Kingsport, TN

[www.friendsofthekingministries.org](http://www.friendsofthekingministries.org)





































# About the Author

Doug Tweed and his wife, Christie, are the founders and lead ministers of Friends of the King Ministries in Kingsport, Tennessee.

A former trial lawyer with the U.S. Marine Corps (JAG) and thereafter, a large Kingsport law firm, Doug had a "Damascus Road" experience in 1991 that turned his life right-side-up. In 1994, he left legal practice to attend Asbury Theological Seminary in Wilmore, Kentucky, and enter a lifestyle of ministry. He pastored in several Kingsport area United Methodist churches, including twelve years at St. Mark House of Prayer. Doug was also a co-founder of Mustard Seed Ministries, providing Christian counseling, prayer and mediation services, and the Kingsport Chamber of Prayer, which provided daily intercessory prayer for the Kingsport region.

Doug's extensive involvement in prayer ministries includes service as lead organizer for a Kingsport Area Citywide 9/11 Remembrance Service in 2002 and a Ten Day Kingsport Area Citywide Prayer Summit in 2005. He writes a monthly column for the religion section of the Kingsport Times-News.

Doug and Christie have two beautiful daughters (Jen and Jes), two wonderful sons-in-law (Micah Morlock and Shannon Williams), and three terrific grandchildren (Joshua, Mia and Elijah). Their passionate desire is to see a great spiritual awakening come to the Kingsport/Gate City/Tri-Cities region. Please visit their website at [friendsofthekingministries.org](http://friendsofthekingministries.org).

## Doug's "Short List" of Books about Prayer

1. Dutch Sheets; ***Intercessory Prayer***
2. Richard Foster; ***Prayer: Finding the Heart's True Home***
3. Gary Thomas; ***Seeking the Face of God***
4. Derek Prince; ***Secrets of a Prayer Warrior***
5. Andrew Murray; ***Prayer and the Coming Revival***
6. Jack Hayford; ***The Beauty of Spiritual Language***
7. Robert O. Bakke; ***The Power of Extraordinary Prayer***  
(a history of how prayer brings revival)

# *Appendix*



# Are You A Son Of God?

**“For the creation waits with eager longing for the revealing of the sons of God.” (Romans 8:19)**

Two of the most misunderstood Greek words in the New Testament are “huios”, which our English bibles translate “son”, and “huiiothesia”, which we translate “adoption”.

The proper understanding of “huios” is not simply “male child”. It is a child who has matured in his father’s opinion to the point he can be identified publically as his heir and begin to be entrusted with his inheritance.

“Huiiothesia” is the public declaration by the father that his matured child is now officially his heir, and that he will begin to entrust him with inheritance.

The most important example of “huios” is Jesus, the only begotten Son of God. (Mark 1:1; John 3:16) The most important example of “huiiothesia” is Jesus’ baptism, where the Father publically declared Jesus His beloved “huios”. (Matthew 3:16-17) At that time, Jesus received from His Father the anointing of Holy Spirit, who would empower His ministry on earth as the Christ (the Anointed One).

The next most important examples of “huios” are supposed to be you and me. We become God’s child (Greek word, “teknon”) when we embrace Jesus by faith as our Savior and King. (John 1:12-13) But we are not supposed to remain infants (Greek word, “nepios”) in Christ. (1 Corinthians 3:1). It is our Father’s predetermined plan for us to mature and become sons of God who are entrusted with divine inheritance on this earth like Jesus was. (Romans 8:14-29)

These are the Christians who walk as Jesus walked, do the works He did, and embrace His purpose to reconcile all things to God. (1 John 2:3-6; John 14:12; 2 Corinthians 5:17-21) Creation is eagerly awaiting them to show up so this broken world can be set free.

Are you maturing as a child of God? Are you developing the faith and character God can trust with Kingdom inheritance? Are you a son of God?

I only have room here to list a few of the characteristics of a son of God. Join me in prayerful self-examination. How many of these are developing in your life?

Sons of God are male or female. It is a matter of your heart, not your gender. (Genesis 1:26-28; Galatians 3:25-29; Acts 2:17-18)

Sons of God know themselves to be new creations, born of God and no longer just of man – in this world but no longer of this world.

Sons of God trust God, Jesus Christ and the Bible completely.

Sons of God know God’s love, and love God deeply in return. They are reverent, intimate worshippers.

Sons of God hunger for God’s revealed Presence. They watch constantly for God’s activity around them.

Sons of God know God’s love for others and, through Holy Spirit, have agape love for everyone God loves.

Sons of God are devoted disciples of Jesus Christ. They want to follow Him everywhere He leads them and learn everything He has to teach them. They aspire to be just like Him.

Sons of God are led by the Spirit of Christ. They have eagerly received the baptism of Holy Spirit, including the spiritual gifts the Lord has for them.

Sons of God are friends of Jesus who understand and share His vision.

Sons of God live humble lives as servants and living sacrifices, laying down their personal agendas daily to embrace God’s agenda. They never seek glory for themselves, only for their Lord.

Sons of God seek the Kingdom of God and His righteousness for themselves and the world around them. They do not focus on treasures of earth.

Sons of God are peace-makers who help others find healing and wholeness. They embrace their purpose as the royal priesthood, ambassadors for Christ, salt and light.

Sons of God are knitted properly together in the Body of Christ and accountable to each other. They are not lone rangers.

Sons of God pray all the time, both for intimacy with God and to intercede for others.

Sons of God earnestly and prayerfully study scripture. They never stop learning truth.

Sons of God are resolved to shed every encumbrance and sin, as the Lord reveals them, so they can be sanctified completely in spirit, soul and body.

Sons of God love good. They hate evil and stand against it.

Sons of God know their authority under the Lord’s authority. They utilize the keys of the Kingdom.

Sons of God live in the peace and joy of their salvation.

Jesus once said, “Many are called but few are chosen.” (Matthew 22:14) You and I have been called to be sons of God. Will we be chosen? Do we want to be chosen?

All creation awaits our answer.

God bless you, and God bless our community.

# Women Are Key to the Next Great Awakening

**“The Lord gives the word [of power]; the women who bear and publish [the news] are a great host. (Psalm 68:11 AMP)**

God created mankind in His image, both male and female, to have lordship under His lordship on the earth. The woman He called man’s “helper”, a term of honor God often used for Himself. (Exodus 18:4; Psalms 54:4) The two were clothed in glory.

Then sin came. The serpent tempted woman, the “rookie” in Paradise, who then tempted the man who loved her. Now they would be clothed in animal skins rather than glory.

Now, exiled into a harsh world, woman would have to carry children in her womb longer so they could survive after birth. And woman would find herself married not to godly man but to fallen man: men who seek not just dominion over the earth but over her. Since they carried weapons while the women carried babies, men would succeed in lording over women even while they fought to lord over each other. (Genesis 3:16, 4:8)

And so it has been ever since. The Taliban attitude toward women is as old as sin itself.

Once God entered covenant with the Hebrew people, He began to reveal how wrong it was to treat woman like man now treated her. Honor your mother, He commanded! Honor marriage! Treasure and praise a godly wife! (Proverbs 31:10-31)

God chose women like Miriam and Huldah to prophesy His word. He chose Esther, made a queen “for such a time as this”, to be a savior of His people. And He chose Deborah to judge all of Israel. If it was not within God’s will for a woman to preach, teach or lead, these things could never have occurred.

Then Jesus came. God chose both a special man and woman to rear His Son, and both a male and female prophet to declare this baby the Christ. (Luke 4:25-38) From the outset of His ministry, Jesus was followed by both men and women, with the women proving more faithful in the end.

Jesus personally revealed His divine identity to both a prestigious man and a marginalized woman. (John 3, 4) He invited women to do what no other rabbi had ever permitted: sit at His feet and learn. (Luke 10:39) And when He rose from the dead, Jesus told those faithful women first, and had them tell the men! (Matthew 28:9-10; John 20:1-18)

Perhaps nothing demonstrates man’s sinful tendency to lord it over women more than this. The men did not believe the women Jesus sent. (Mark 16:11) Jesus rebuked them for that. (v. 14)

As to the Church, Jesus told all His disciples they would be His witnesses in the world, and to wait for power from on high. As prophesied by Joel, the Holy Spirit was poured down at Pentecost on 120 men and women, and they were all filled with God! Sons and daughters! Male servants and maidservants of the Lord!

In the years that follow Pentecost, despite continued male domination in the general culture, Chloe and Lydia would head households that hosted home churches. The four daughters of Philip would prophesy. Phoebe would be recognized as a deacon. Priscilla and her husband, Aquila, would be Paul’s beloved co-workers in the Gospel and together teach a powerful preacher, Apollos, the fullness of that Gospel. (Acts 18:26) Another married couple, Andronicus and Junia, would be called “outstanding among the apostles”. (Romans 16:7)

If women cannot preach, teach or lead in the Church, these things could not occur. So what happened? How did so much of the Church come to later believe women were still second-class citizens? Where did we lose the great truth: “There is no longer male or female, for you are all one in Christ Jesus ... heirs according to promise”? (Galatians 3:28-29)

As could be expected, the new-found freedoms of women in Christ led to some “rookie” mistakes, particularly as to marriage. Christian marriage is the core of Christian family which is the core of Christian community, and the Lord does not want divisive marriage any more than He wants a divided Church. So God clarified through Paul that in areas where they could not reach agreement, the wife should respect and submit to the husband. (Ephesians 5:22-33)

Note: the wife was called to submit, not to obey as a child obeys a parent or a servant his master. And a husband is to cherish his wife like Aquila and Andronicus, drawing out her splendor rather than quenching it. A husband’s lordship of his wife is not that of sinful man, who lords over people, but of godly man like Christ, who sacrifices and serves. (Matthew 20:25-28)

Paul also addressed situations in church meetings where some wives were speaking out in ways that seemed disrespectful to their husbands. He told them to address those matters at home. (1 Corinthians 14:33-36; 1 Timothy 2:11-15)

Note: the Greek word for “wife” can also mean “woman”, but Paul consistently used different Greek words for “man” and “husband” and also used different words for “male” and “female”. It is clear from this Paul was asking “wives”, not “women”, to be silent rather than teach or assert authority over their husband. Paul had already specifically honored the right of women to pray and prophesy in church meetings. (1 Corinthians 11:5)

Unfortunately, the Church did not prove over time to be immune from Greek culture or the Roman Empire, both of which were still ruled by sinful men. The

Church regressed back to an Old Testament model of priests and people, rather than a royal priesthood of believers. Only men were appointed. Then when the New Testament was translated into Latin, Paul's words were changed. Women, not wives, were told to be silent. And so it has been ever since.

I could share some very woman-demeaning quotations from respected theologians like Augustine and Thomas Aquinas, and even unsupportable efforts made to change Junia's name to male and purge the female reference in Psalm 68:11.

I could discuss the grave error of thinking the only way to give women equality is to declare these misunderstood scriptures are no longer authoritative, thus "throwing out the baby with the bathwater".

Instead I will simply point out how John Wesley empowered women to preach and pray in the First Great Awakening, and how Charles Finney did the same in the Second Great Awakening, and how both women and men led the Azusa Street Revival, and how glorious are the gifts and callings of Anne Graham Lotz, Mother Teresa, Beth Moore, Joyce Meyer, Kay Arthur, Heidi Baker and countless other sisters in Christ.

Satan broke up the male-female team in the Garden. Jesus fixed it. If we want another Great Awakening, we must embrace what Jesus did.

God bless you, and God bless our community.

# Kingdom Problems Require Kingdom Solutions

**“But seek first the kingdom of God and His righteousness, and all these things will be added to you.” (Matthew 6:33)**

The ability to identify and solve problems is vitally important in every field of human endeavor. We sometimes call it “critical thinking”, and no step is more critical than the first step: fully identifying the problem.

Failure to accurately and fully identify a problem will inevitably lead to a wrong or inadequate solution.

As an example, you have pain in your abdomen. The proper definition of the problem is, “Something is wrong within my body and causing pain”. You seek out the source of the “dis-ease”, find the cancer and initiate plans to cure it.

However, if you simply define the problem as “I have pain”, your solution can be pain medication. The problem you defined – the pain – will go away, but the cancer will kill you.

My friends, even the life or death issue of cancer is less important than the “everlasting life” issue of our relationship with God. Yet tragically, the Church has failed in this most critical area to fully identify the real problems. As a result, we live inadequate lives, witness to an inadequate solution, and have too little influence on the world.

To correctly understand our problems, we must think from a Kingdom of God perspective. This is, after all, the gospel Jesus proclaimed. (Mark 1:14-15; Acts 1:3)

Simply put, the Kingdom of God is the wise, benevolent rule of a loving God over those who trust, obey and depend upon Him. Both heaven and earth were created as expressions of this Kingdom. God chose to dwell in heaven amidst angels under His authority, and chose mankind to dwell on earth under His authority. It was all “very good”. (Genesis 1:31)

But then the problem arose – a decision by some to come out from under the Lord’s authority and rule on their own. This problem is best understood in Kingdom terms as “rebellion”

Rebellion first arose in heaven as Satan led many angels to defy God. (Revelation 12) Rebellion then arose on earth as mankind was tempted by that same prince of rebels to “be like God” and decide on their own what would be good and evil. (Genesis 3)

This root problem of rebellion immediately led to other problems. Mankind’s rebellion would not really mean “self-rule” but, instead, coming under the rule of the prince of rebels. (1 John 5:19) Our “flesh”, having tasted independence from God, would seek to remain independent – hence, the biblical concept of the “old self”. (Romans 6:6) And independence from God’s rule also separated us from the benefits of His rule: wisdom, protection, authority and provision, including the provision of life itself. The consequences of sin include death. (Romans 6:23)

Rebellion in heaven was a problem soon resolved. The rebellious angels were thrown out and are destined for everlasting punishment at the time all rebellion will be judged. (Luke 10:18; Matthew 25:41)

God’s love for mankind, however, prevents Him from treating the rebellion on earth in the same way. For us, His solution must restore the Kingdom on earth while allowing the preservation of our lives, which means reconciling us back to Him in the trusting, obedient and dependent relationship we were created to have. To do this, God’s solution had to address both the rebellion and the offshoot problems created from it. And so His solution came – Jesus Christ!

Jesus revealed in His life and teaching the incredible love of God, but those who preach “all we need is love” fail to recognize both the importance of God’s other scriptural commandments and how the evil of our sins separates us from God. Rebellion continues.

Jesus paid the price for our sins on the cross and rose in victory over death. But those who simply preach our need to accept God’s forgiveness of sinners fail to honor His command that we live lives of trusting obedience – lives that, to overcome our “flesh”, must depend on the power of Holy Spirit. (Acts 1:3-8) Otherwise, the “old self” and Satan continue to assert control.

The Lord sent Holy Spirit to baptize, empower and lead those who trust in Him. But if that power is preoccupied with our own prosperity rather than loving, sacrificial service to God and others, we are catering to our “flesh” and not His Spirit. (Galatians 5:13-17) We fail to empower the life God wants. (1 John 2:3-6) We will not see evil dislodged and the Kingdom restored around us.

Kingdom problems require Kingdom solutions. Know God’s love. Receive God’s forgiveness. Receive God’s Holy Spirit. But most of all, receive God’s Lordship over all your life. Then go help others do the same.

Jesus put it this way: “Thy Kingdom come, Thy will be done on earth as it is in heaven.”

God bless you, and God bless our community.



# *We Must Learn To Pray Together*

**"...If my people who are called by my name humble themselves, and pray and seek my face . . . , then I will hear from heaven and will forgive their sin and heal their land." (2 Chronicles 7:14)**

Since I began writing this newspaper column in 2006, I have addressed the topic of prayer several times. A terse summary of those columns might be: Prayer is essential for each of us if we really want God in our life. Prayer between husband and wife is essential if we really want God in our marriage. Community prayer is essential if we really want God in our community.

After years of laboring to develop support for the National Day of Prayer and our annual Kingsport Mayor's Prayer Breakfast, I was delighted two years ago to see Mayor Phillips merge the two events into a single, well-attended prayer event. Please support the Kingsport Mayor's Prayer Breakfast on Thursday morning, May 3, our 2012 National Day of Prayer. Likewise, support the Funfest Prayer Breakfast this summer.

Having said that, we need to recognize that one or two days of community prayer per year has the same effect for a community that attending church once or twice per year (Easter and Christmas) has for Christians. If that is all you do, it is better than nothing, but not at all what it could be. You reap what you sow. (Galatians 6:7-9)

This explains my excitement over the wonderful community prayer movement emerging in Hawkins County. Visit [www.Expecting-Gods-Help.com](http://www.Expecting-Gods-Help.com). One thousand Christians gathered at Volunteer High School on March 31. Even more gathered at Cherokee High School in February. Smaller weekly prayer gatherings are increasing in number all over the county, very reminiscent of the grass roots prayer movements that triggered the First and Second Great Awakenings – times of revival that rocked our nation in the 18th and 19th centuries. Go, Hawkins County! Go, God!

And there's more. I have just learned about the community prayer movement being birthed in Johnson City. Check out their website at [www.citywideprayerjc.org](http://www.citywideprayerjc.org).

A few years ago, I was asked by the president of a ministerial alliance to present a plan for an ongoing multi-church prayer network. Here are the key elements of that plan:

Each congregation has a prayer team with a prayer coordinator chosen to be the team's servant leader. The team meets weekly for prayer. They stay in touch throughout the week by e-mail, Facebook or other technology. They pray daily for their pastors and spiritual leadership, and for the ministries and other individual needs of that congregation. They also work with their pastors to get the entire congregation more engaged in prayer. Ultimately, every home could become a prayer center.

The prayer coordinators of the different congregations in the city meet monthly for prayer. They generally focus on community, national and world concerns rather than individual prayer needs. They stay in touch throughout the month via technology, and are led by either a citywide prayer coordinator or small leadership team. Each prayer coordinator reports back to their prayer teams and their pastors after citywide meetings. This allows each congregational team to pray for community-wide issues as well as the needs of their congregation.

This prayer coordinator network can also organize periodic citywide prayer events. A webpage could be maintained that allowed anyone to learn at any time about important prayer needs of the city.

I believe a prayer network could be initiated in our Kingsport region quickly and with minimal expense. But people have to be willing. The sad end to my presentation before the ministerial alliance is that all the pastors loved it and said they would support it. But when they left the meeting, they did nothing about it, even after they were prompted. They were sincere, but just too busy doing what they were already doing.

On the other hand, while I have not been directly involved in the Hawkins County and Johnson City prayer movements, I am confident these three things are going on.

First, some churches are looking beyond their four walls and coming together across denominational lines.

Second, this is happening because some pastors have "caught fire", broken free from their busy-ness and are leading their people across those lines.

Third, a small group of humble men and women have made this Kingdom prayer crusade their passion. These are the encouragers and facilitators who do the legwork, pray for the "pray-ors" and never give up.

Again, go, Hawkins County! Go, Johnson City! Go, God! Increase the flame!

And for my city of Kingsport and other area communities, I pose this question: "Who will go for us?" (Isaiah 6:8) Who in our community is ready to take on this Kingdom prayer crusade for God's glory?

God bless you, and God bless our community.

# *A Declaration For Our Land*

As residents and citizens of the "land" that encompasses the greater Kingsport area in Tennessee and the greater Gate City area in Virginia, and as ambassador citizens of the eternal Kingdom of God, we hereby declare the following in the name of Jesus Christ, our King:

1. We love, revere, trust and obey the one true God: Creator and Sustainer of all things, who is described in the Old and New Testaments of the Holy Bible, His God-breathed scriptures. We bless and glorify God who is and always was, perfect in His majesty, holiness, power, wisdom, goodness, faithfulness and unconditional love.
2. We love, revere, trust and follow Jesus Christ, the only begotten Son of God, whose shed blood and death on the Cross fully paid the price for all sins of all mankind for all time. Jesus is the Way, the Truth and the Life. He is resurrected from the dead and now sits at the right hand of His heavenly Father as King of Kings and Lord of Lords, with all authority in heaven and earth.
3. We rejoice that by the grace of God through our faith in Jesus Christ, we are forgiven of all our sins, reconciled to God and recipients of His Holy Spirit. As God has forgiven our sins, so we forgive our enemies and all those who have sinned against us. We are saints born of God – His beloved children now and forever. Christ lives in us, the hope of glory, and we are clothed in His righteousness!
4. We humbly and gladly submit our lives and our land to you and you alone, Lord, laying aside our selfish desires and agendas so we may fully embrace your plans and purposes for us. Teach us. Heal us. Deliver us. Refine us. Mature us. Unite us. Fill us with your Holy Spirit and your love, wisdom, understanding and power. Lead us in all things by your Spirit, and grant us, male and female, the revelation of the sons of God.
5. We lift up our ancestors and all those who have preceded us in our land. We repent for ourselves and on their behalf for sins of pride, greed, violence, bigotry, lust, untruth, witchcraft, idolatry, unbelief, and all other shortcomings. Forgive them, Heavenly Father, as you forgive us, because all of our sins were borne on the cross by Jesus.
6. We thank God for the saints who have preceded us in our land and earnestly join our prayers, Holy Father, to their prayer that your Kingdom come and your will be done in our land as it is in heaven.
7. Because Jesus became a curse for us on the Cross, we declare every curse on our land and its people to be broken and without further power. We ask for the release of all heavenly blessings that have been obstructed by those curses.
8. We lift up the lost in our land to you, Lord. You love them and died for their sins. As we were once blind and now see, so now we proclaim an end to the blindness the enemy has imposed upon them. We pray their eyes, ears and hearts will open to receive the wondrous Gospel. Anoint our witness to them, Heavenly Father, and draw them to your Son.
9. We stand against the powers, principalities and forces of darkness in our land, declaring them disarmed and condemned by the power of the Cross and the resurrection victory of Jesus. We revoke any permission ever given for their presence in our land and declare them unwanted trespassers to be removed by our Lord from our midst.
10. Come, King of Glory, Lord of Hosts with your heavenly host! Let our land become a resting place for your abiding presence and glory on this earth. Let your righteousness and truth completely displace the forces of darkness and deceit that oppress us.
11. We declare our land to be part of the Kingdom of God! We declare Gate City to be a spiritual gate between Heaven and earth. We declare Kingsport to be a port of the King from which our Lord will send forth His people and His heavenly host.
12. O Lord our God, let us be loving cities of sanctuary in the days ahead as you begin to shake the earth and the heavens. Let us be a people of prayer joined in unceasing Spirit-led intercession for our nation, for Israel and for the world. Above all, let us be a land of constant worship where you are honored, blessed and enthroned in the praises of your people.

Declared and proclaimed In the name of Jesus Christ, King of Kings, this day of \_\_\_\_\_

